

## Rufus Greenbaum

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**From:** Rufus Greenbaum <rufus@greenbaum.com>  
**Sent:** 29 July 2020 09:59  
**To:** taiwo.owatemi.mp@parliament.uk  
**Cc:** 'Rufus Greenbaum'  
**Subject:** 6 doctors who know how boost our defence against coronavirus

Dear Ms Owatemi,

If you read the book ***FluFighters*** by Patrick Holford you will see that colds and flu, including COVID-19, are viral diseases that a healthy immune system should be able to fight off with natural immunity.

He does not suggest that we can prevent COVID-19, but that *our natural defences can be boosted to reduce the severity* for most people

The key products that he suggests are available from Boots for £17 for 3 month's supply

This would enable most people under 60 to go about their normal business, leaving doctors to assess older people

I am very critical of most doctors, who may know how to suppress the immune system, ***but do not seem to know how to boost the natural immune system***

I can suggest 6 very knowledgeable and experienced doctors who do understand this

They can also explain why people with dark skin - on average - have worse health outcomes than people with lighter skin

*You may wish to invite these 6 doctors to make presentations or written submissions to the Health and Social Care Committee*

Please contact me if you are interested in doing this, and I will be pleased to introduce them to you

Regards

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